

Homemade Puppy Treats

Before we get into these dog treat recipes, I'd love to tell you that I am the world's greatest dog chef, but that would be the biggest lie. I am capable of burning toast and things often don't go how I'd like them to go in the kitchen.

Either you can relate or your laughing at me but regardless, you get the point.
Our favorite treats are very easy to make and if I can do it, anyone can do it.

Frozen Pumpkin Treats

Ingredients:

1/4 cup all natural peanut butter
1/4 cup coconut oil
One canned organic pureed pumpkin (no additives)
teaspoons cinnamon

Instructions:

Place coconut oil in a medium sauce pan over medium heat. Stir until liquified. add peanut butter, cinnamon and pumpkin while stirring continuously. Continue to stir until the mixture is the consistency of a thick soup. Remove from heat and pour into silicone ice cube tray and freeze until they are set, around 2 hours!
Pop the treats out of the tray and treat your doggie.

Store treats in an airtight container for up to two weeks.

Notes:

You can substitute pumpkin with squash or zucchini!



Oatmeal Banana Treats

Ingredients:

1 1/2 cup uncooked oatmeal
One large banana
Half cup peanut butter with no xylitol

Instructions:

Preheat your oven to 350° using a food processor or blender grind your oats into powder. In a bowl beat together the banana and peanut butter until smooth. Some small chunks of banana is okay. The dough should stick together but not be sticky. Combine oatmeal and peanut butter mixture and roll out your dough about a quarter inch thick cut into desired shapes and place on a parchment paper lined cookie sheet bake 15 minutes or until edges are brown.

Let cool and you can store these treats in an airtight container for up to one week.

Notes:

Add additional peanut butter if dough is too dry or add oats if it is too sticky. Be sure to use peanut butter that does not contain xylitol as it is harmful to dogs.

